



Wellness Benefit*

We will pay you the amount shown on the Schedule of Benefits for one (1) health screening test performed during a twelve (12) month period for you and your dependents*, if applicable, provided:

- ▶ written proof satisfactory to Reliance Standard is provided that such a health screening test has been performed;
- ▶ you and your dependents were covered under the Policy at the time the test was performed; and
- ▶ one of the following health screening tests has not already been performed at any time during the same twelve (12) month period.

Health screening tests covered under the Policy are:

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| ▶ Stress test on bicycle or treadmill | ▶ CEA |
| ▶ Fasting blood glucose test | ▶ Chest X-ray |
| ▶ Blood test for triglycerides | ▶ Colonoscopy |
| ▶ Serum cholesterol test to determine level of HDL and LDL | ▶ Flexible sigmoidoscopy |
| ▶ Bone marrow testing | ▶ Hemoccult stool analysis |
| ▶ Breast ultrasound | ▶ Pap smear |
| ▶ Mammography | ▶ PSA (blood test for prostate cancer) |
| ▶ CA 15-3 (blood test for breast cancer) | ▶ Serum Protein Electrophoresis (blood test for myeloma) |
| ▶ CA 125 (blood test for ovarian cancer) | |

*Only one (1) Wellness Benefit will be paid in a twelve (12) month period for all insured dependent children as a group.

This benefit is paid in addition to any other payments you or your dependents, if applicable, may receive under the Policy.

RELiance STANDARD
A MEMBER OF THE TOKIO MARINE GROUP

www.reliancestandard.com

*Health Screening Benefit in NH.

This brochure is not a contract. The availability of the described feature may vary by state. It is not available in CO, CT, KS, MN, NH, NJ or WA for Group Accident. Critical illness coverage is provided by policy series LRS-9401-0111 and group accident coverage is provided by policy series LRS-9453-0111, et al through Reliance Standard Life Insurance Company. Reliance Standard Life Insurance Company is licensed in all states (except New York), the District of Columbia, Puerto Rico, the U.S. Virgin Islands and Guam.